



BINSEY LINK

The magazine that reaches out to everyone in our communities

binsey.org.uk

Charity Number:
1169267

Serving and informing the Mission Community of:
Allhallows, Bassenthwaite, Boltons, Embleton, Ireby, Isel, Plumbland, Setmurthy,
Torpenhow, Uldale and Wythop

November 2024

REMEMBERING

We all have memories that are very significant to us, and we greatly cherish, such as our wedding day or the birth of our children. Even though these special events may have happened quite a long time ago, we retain a very vivid memory of them.

Equally memories from our childhood remain very clear despite the passing of time. Yet, we can struggle to remember significant events that have happened more recently and as we get older, we tend to forget things, such as peoples' names and other important details.

I know as the Vicar of a parish with so many churches and even more village communities, that it is essential I spend time learning people's names, and then try my best not to forget them, as it could be a little while before I see that person. Using a person's name in conversation is a clear sign that we know who they are, as our name helps to give each of us our identity.



November is a month when there is a focus on remembering - the remembrance of our own loved ones, who have died on All Souls Day; and on Remembrance Sunday we gather to remember those who have died in the sacrifice of war and pray for peace. During the Act of Remembrance, the names of all those who are listed on the village war memorial are read out, and whilst these names hold no personal significance for most of us standing there, it is important these people continue to be remembered in this way.

In our own lives we will always remember the people who have had the greatest influence on us, such as our parents and grandparents, even if they are no longer with us. Now that I have become a grandparent, I am keen to tell my grandson something about his family as he grows up and particularly these people who he will never know. This remembering and passing on of family stories to the next generation, along with the things we have learnt from our grandparents and parents is essential for furthering our understanding of life and of one another.

In the same way, as Christians we are called by God to share the stories of Jesus with others, along with our own experience of faith and the love of Jesus for us. We regard the death of Jesus on the cross as the ultimate sacrifice as through his death we can know God's forgiveness, love and new life.

For Christians, the most significant act of remembering is to break bread and share wine as Jesus commanded us to do in remembrance of him, when we share fellowship together.

Stephen

Revd Stephen Banks

*At the going down of the sun
and in the morning,
we will remember them.*



Services for November

Sunday 3rd November 4th Sunday before Advent			Sunday 10th November REMEMBRANCE Sunday		
Church	Time	Service	Church	Time	Service
Boltons	8am	Holy Communion	Torpenhow	9.30am	Remembrance Service with Communion
Isel	9.30am	Memorial Service	Boltons* (Churchyard)	9.50am	Act of Remembrance*
Uldale	9.30am	Holy Communion	Allhallows	10.50am	Remembrance Service
Bassethwaite Chapel	11am	Morning Worship	St. John, Bassenthwaite	10.50am	Remembrance Service
Plumbland	11am	Morning Worship	Embleton <i>(with Wythop and Setmurthy)</i>	10.50am	Remembrance Service with Communion
Wythop	11am	Holy Communion	Ireby* (Churchyard)	10.50am	Act of Remembrance*
			Isel* (Churchyard)	10.50am	Act of Remembrance*
St. Bega, Bassethwaite	3pm	Family Service with Baptism	Plumbland	10.50am	Remembrance Service
Embleton	3pm	Evening Prayer	Uldale	10.50am	Remembrance Service
* The Remembrance Sunday ceremonies at Boltongate, Ireby and Isel will all take place outside in the churchyard by the War Memorial and last for 15 minutes*			Blennerhasset* (Village Green)	3pm	Act of Remembrance*
			Ireby	6.30pm	Evening Prayer
Sunday 17th November – 2nd Sunday before Advent			Sunday 24th November – CHRIST the King (Sunday next before Advent)		
Church	Time	Service	Church	Time	Service
Plumbland	9.30am	Holy Communion	Boltons	8am	Holy Communion
Wythop	9.30am	Morning Worship	Ireby	9.30am	Holy Communion
Bassethwaite Chapel	11am	Morning Worship	Setmurthy	9.30am	Holy Communion
Isel	11am	Holy Communion	Torpenhow	9.30am	Morning Worship
Uldale	11am	Morning Worship	Allhallows	11am	Family Service with Baptism
Torpenhow	3pm	Binsey Team Bereavement Service	St. John, Bassenthwaite	11am	Holy Communion

From the Registers

BAPTISMS

Faith Webb was baptised at All Saints, Allhallows on 22nd September 2024.

WEDDINGS

The wedding of David Mackay and Claire Souter took place at St. John, Bassenthwaite on 12th October 2024.

FUNERALS

The funeral of Edna Simpson, from Blindcrake took place at St. Michael & All Angels, Isel on 3rd October 2024.

The funeral of Anthony (Tony) Forster, formerly of Boltons parish, took place at All Saints, Boltongate on 14th October 2024.

The funeral of Gillian (Gill) Edmonds, from Applethwaite, took place at St. Bega, Bassenthwaite on 17th October 2024

Baptism in the Binsey Team Mission Community

We are really pleased when parents approach us about Baptism (also known as Christening) for their child. It's a very important step, both for parents and the child. Infant Baptism involves parents and godparents making a public commitment about their own Christian faith and the church. They are making a commitment to pray for their child, so that as they grow, with their help, and ours, they may be able to live out in practice the Christian life.



BAPTISM

To enable parents to do this we ask that you come and join us in worship at any of our team churches at some point in the two months BEFORE the date of the baptism, if at all possible. After an enquiry is made, a home visit will be arranged to discuss things informally, to see what level of preparation might be appropriate and answer any questions.

For an informal chat about infant baptism, please contact the Team Rector, Revd. Stephen Banks on 016973 71541



If you would like to enquire about what is currently possible or book a wedding, please contact our Team Rector, Revd. Stephen Banks on 016973 71541 for a friendly chat. He will be able to talk you through what is possible and what are the current differences.

Choose any one of our churches for your special day!

Congratulations if you have just got engaged and are thinking about getting married in one of the Binsey Mission Community churches.

If you currently live anywhere within the Binsey Mission Community area, then you can get married in our churches. If you live elsewhere, but have a family connection to a church, or want to come and worship regularly in our churches, then we'd love to help you.

We would love to welcome you into our church and help you make your life-long commitment to each other before God.

Please note that several of our churches are small, so not able to accommodate more than 50-60 guests.



Hello, and Happy November! Having spent a few months in these updates telling you a bit about *what* we're doing as we start a new church with St. Aidan's, we wanted to take the opportunity with this update to let you know *how* it is going. Here's an update from our Kids, Youth and Families Pastor, Steve Weston:

"We've had an amazing start to our new Sunday gatherings at Bridekirk since we launched in September. We've been joined by lots of families who have come along to explore and get involved in this new church plant. It's been particularly wonderful to welcome so many from across a number of different villages in the Binsey area, as well as those from further afield who have travelled to join us. We've seen big and small families; individuals and couples; old, young, and everything in between.

We're continuing to gather every Sunday afternoon at 3pm for our new service. We start by singing all together, with new songs and some old favourites, before a Bible reading and a short talk. After this, we split into smaller groups; one for children up to 11, another for 11-18's, and smaller groups for adults, to think about what we've heard and to pray. The children often get busy with a craft activity, and this will often act as a reminder of the Bible story we have been thinking about. The young people really enjoy chatting about how the Bible verses link with their lives and spend time praying for one another. The adults take time to share prayer requests and pray together as they prepare for the week ahead. We finish with a closing song and then enjoy refreshments together as we catch up.



We'd love to welcome you at St Aidan's!"

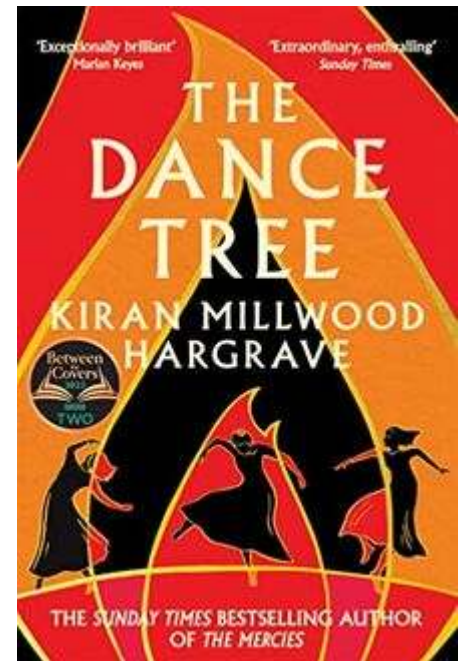
If you'd like to find out more or find out how you can come and join us, check out our website at www.staidanscumbria.org.

Book Review

The Dance Tree by Kiran Milwood-Hargrave

I sort of accidentally stumbled upon this novel whilst searching through and 'tidying up' my Kindle. I don't remember buying it, it just seemed to appear, so after reading the blurb, I thought I'd give it a go...

Although I didn't study history to a high level, and maybe even because of that, I find myself drawn to the historical novel time and time again. It's the human stories that I love not the political and religious facts, but the way those facts of the time impinge and affect the lives of the people alive at the time. It's sometimes tempting to believe that people from times past were different to us: less sensitive, less enlightened, less civilised. Of course this might well be true of some people then as it is of some people now, but actually what you come to realise is that people were then as they are now, that little has really changed and that there's nothing new under the sun.



The events of this novel are so strange in places and so unlikely that I couldn't quite believe it was based on real events. Of course the people, their actions and reactions are totally familiar: they love, they hate, they hurt, but most of all, they live so strongly through this brilliant writing that I found this novel utterly compelling.

The story is based in Strasbourg in 1518. In the midst of a blisteringly hot summer, a lone woman begins to dance in the city square. She dances for days without pause or rest, and when hundreds of other women join her, the men running the city declare a state of emergency and hire musicians to play the Devil out of the mob. Outside the city, pregnant Lisbet lives with her husband and mother-in-law, tending the bees that are the family's livelihood. Though Lisbet is removed from the frenzy of the dancing plague afflicting the city's women, her own quiet life is upended by the arrival of her sister-in-law. Nethe has been away for seven years, serving a penance in the mountains for a crime no one will name.

It is a secret Lisbet is determined to uncover. As the city buckles under the beat of a thousand feet, Lisbet becomes caught in a dangerous web of deceit and clandestine passion. Like the women of Strasbourg, she too, is dancing to a dangerous tune. . . .

This is a tale of superstition, hysteria and passion. The central character makes a huge number of discoveries about the family she has married into. Having married a man she barely knew, she is thrust into the heart of his family at a very young age. Her journey to real adulthood is one of self-discovery as well as the discovery of the failings and foibles of those around her. Lisbet forms strong connections, falls deeply in love and suffers the pains of terrible losses. It is these events that force her to grow up and face the world around her. That world is harsh and judgemental but she must navigate her way through it. When organised religion fails her, Lisbet creates a spirituality of her own and that helps her to cope with most challenging events of her life.

I really enjoyed reading this novel and thoroughly recommend it. The writer is one of immense talent and she manages to convey the time period with incredible skill. The heat of the city burns out of the pages. A great read for the lead into winter...the blazing descriptions of the heat of the summer might just keep you warm!

Clare Doherty (Chapel House, Plumblund)

Around The Parishes

Allhallows

Allhallows Church will be providing their ever-popular afternoon teas, 2-3:30pm, on the following dates:
Sunday 17th November, Sunday 15th December.
Please contact Gillian Marr on 016973 71478 for further details.

Allhallows Centre, Fletchertown

Sunday 17th November 2024, Afternoon Teas in the Community Centre, 2pm to 3:30pm. Adults £4;50p Children £2. Tombola, Raffle, Cake stall and Bric-a-Brac stall. Supporting All Saints Church.

Christmas Fayre 1st December 10am-3pm
Free entry (£6 for sellers to book in) Includes African, oriental and ethnic items including rugs, paintings and ceramics. Crafts and Christmas gifting items galore! Mince pies, cake and coffees available in the tea room.
Contact Kath to book a table on 07823 332775

Saturday 7th December 10am to 3pm and Sunday 8th December 10am to 3pm, All Saints Church.
12 days of Christmas displayed throughout the church.
Come and find the Maids a milking, 5 gold rings and the turtle doves etc. Refreshments available.

Friday 13th December 2024, Allhallows Senior Citizens Christmas Lunch at the Greenhill Hotel 12noon.
Coach available from Ellenvale leaving at 11:30am.
Names please by 8th November to Gillian Marr Tel 016973 71478 or Gill Edmondson Mob 07837408690.
We are requesting a small donation this year please.

Saturday 14th December 2024, Christmas Cake decorating workshop in the Community Centre, 10am to 3pm. Bring along your fruit or sponge cake and decorate it into an amazing piece of art. Numerous designs available. Just £15 for the day. All ages are welcome, 8 year+ with an adult are encouraged to join us. For a full list of requirements please contact Gillian on 016973 71478 or email petemarr@aol.com.

Allhallows Management Committee needs more members, to keep the centre open. If you, or anyone you know, would like to join the committee, please contact us via email (allhallowscentre@gmail.com). We are looking for a secretary and a handyman/person as well as anyone wishing to join the committee, in a non-specific role.

REGULAR EVENTS

Bingo: First Friday of every month, Eyes Down at 7:30pm
£1.00 Entry fee (including refreshments) 50p per book, 5 games (including 1 snowball game) Adults and children* (8 years+ only)

Adults are welcome to bring their own drinks

*Children must be supervised by an adult at all times

2 by 2 Baby and Toddler Group (0-4 Years): Every Tuesday (Term Time Only), 10am until 11:30am Parents, grandparents, childminders, carers, etc., £1.50 per family

Derwent Patchworkers: Every 2 weeks, on Wednesdays, 10am until 4pm For further details or information, please contact Barbara Strong on 07833 692144

Allhallows Readers (Wordsworth Trust) First Friday of every month, 1:30-3:30pm

Tales in the Tea Room (Wordsworth Trust) First Friday of every month, 7-9pm

BOOKINGS

Parties, meetings, training events, social gatherings...we have a space for it all! Whether you're looking for a venue with separate rooms, or the entire building; we can accommodate your requirements. Hire costs include Wifi, the use of chairs and tables, kitchen and dishwasher.

If you wish to make a booking for room hire, please ring 07593 638830, leave a message and someone will get back to you, as soon as possible. Alternatively, you can message us, directly, via the following:

Facebook: www.facebook.com/allhallowscentre

Website: <https://www.allhallowscentre.org>

Email: allhallowscentre@gmail.com

Bassenthwaite

St. John's

November cleaning: I Bowe & D Barron.

Flowers: vacant.

St. Bega's

Cleaning and Flowers: vacant.

BASSENTHWAITE DROP-IN/POP-IN at Bassenthwaite Parish Room. Call in any time between 10.30 am and 2 pm on the Tuesdays 5th & 19th November, No Pop in December the next will be 7th January 2025, for a chat, coffee and refreshments – £1 per person.

Soup Lunch. Tuesday 12th November in the Parish Room. 12noon to 1.30pm.
£4.50, Soup, Scone, cheese and biscuits. All proceeds to church funds. A warm welcome for everyone.

Bassenthwaite Senior Citizens Christmas Lunch

Will be held on Thursday 5th December 2024 in the Sun Inn Bassenthwaite 1pm for 1.30 pm £7 per person. Enquiries and to Book - phone Sue Mendus 01768776427 **Payment on booking to secure place**



Anyone interested in having a Stall at the Fayre please contact Helen on 017687 76222

Scottish Country Dancing

Every Monday 7pm until 9pm, only £2 per session.

For further details contact Marlene Jackson on 017687 76054 or at marlenejackson@btinternet.com

Join us for Fun, Fitness and Friendship!

Boltons

BOLTONS PARISH HALL

Weekly events:

Monday: 9.15-10.15. TRIM & TONE PILATES phone Helen 07900410076 This is a new class using balls, bands and weights, all welcome!

Monday: 10.30-11.30 OVER 60's STRENGTH & FITNESS with Helen.

Organised by NFG this class is free til December! No experience needed, a fun friendly class. Sheila 0799923456.

Monday: 1.30-3.30 SHORT MAT BOWLS phone 07879613838 Beginners welcome!

Wednesday: 9.30-10.30 PILATES with Helen 07900410076

Thursday: 2-3pm BEGINNERS LINE DANCING phone Ness 07718264700 or just come along and have a go - we're all beginners!!

QUIZ NIGHT

Saturday 9th November 7pm start

Licensed Bar! Cash Prizes! Raffle!

Max 6 per team, £2 per person

A fun evening for all ages

Entries please to

boltonparishhall@gmail.com

Or phone 07879613838 or see

Andy at the Oddfellows Arms



POP IN AND MORE 2024

At Bolton Low Houses Parish Hall
at 1.30pm – 3 pm



EVERY SECOND TUESDAY OF THE MONTH 2024

Please drop in and spend time with friends and neighbours.
All welcome.



For further information phone Judy on 07879613838

or Gill Skillicorn 02376 258564

NFG Village Agent for Boltons, Ireby & Uldale

email: gillian.skillicorn@northernfellsgroup.org.uk



VILLAGE
Agents

Embleton

St Cuthbert's.

Congratulations to the quilters whose stunning work was displayed at our village hall last month; it was very impressive and thought provoking. Such talented people live hereabouts! Talking of talent, thanks also to the ukelele players who entertained us in the 'cafe in the garden' and to all of you who joined in despite the miserably weather. Such fun; we hope they come them again!

Reminder; St Cuthbert's evening services will change to 3pm for the winter months.

Lorton & Derwent Fells Local History Society; Thursday 14th November. Alan Bell, Chair of Drigg Local History Group will speak on *The Rise and Fall of Maritime West Cumberland* about the state of shipping since Elizabethan times.

Whitehaven became the most important town in Cumberland & Westmorland & the second biggest port in England. 7.30pm at the Yew Tree Hall, High Lorton, CA13 9UJ. Parking is limited, please allow time. Visitors; £4.00 to include refreshments.

Dates for your Diary.

St Cuthbert's DCC; November 5th.

Remembrance Sunday Service; November 10th - see details at front of magazine.

Christmas pop-up & raffle; December 7th & 8th.

Ragbags; Unwanted clothing, linen, shoes, handbags and belts; Items can be left in the porch at St Cuthbert's OR in the collection bin at Ling Crest, Wythop Mill. All money raised goes to Dewode. Any items or comments for the next edition please send to Jean at jeanmaca@aol.com or 017687 76184 by November 7th please.

Anita is holding a Christmas Wreath Making Class in the Embleton Village Hall, Embleton, CA139XU, on the 27th November at 7PM to 9PM.

Everything for the Course is supplied and you take home a beautiful NATURAL Wreath that you made.

Phone to Book now on 07494 460 328 and to avoid disappointment. Course is £45 per person.

Embleton Village Hall Noticeboard

Hi everyone. The hall is getting quite busy for next year already, if you are planning an event for Jan/Feb to ensure your booking, I would call me now. C.A.D.S. are putting on a Panto in December; look out for posters.

What is on in November?

Monday: Art Class 10am littlepicturesjohn@gmail.com.

Monday: Mah-jong 2.30 pm Vivian 01900829490.

Monday: Dance class 6.30p.m. Edna 01768776630.

Tuesday: Footy tykes 10.30 -11.30 am.

Tuesday: Yoga 6.15pm Rebecca 07735 439126.

Thursday: Yoga 1pm Rebecca 07735 439126

Thursday: Circle dance 7pm, Kathleen 76532.

Sunday; Dance class 7.00pm, Edna.76630.

Saturday 2nd: Lino print workshop 9.30 am.

Wednesday 6th: Village hall meeting 6.15pm.

Thursday 7th: U3A Digital Photography 9.30am.

Sunday 10th: Private function 1pm.

Tuesday 12th: U3A Folk dance 2pm.

Wednesday 13th: W.I. 7.30pm.

Saturday 16th: Social Dance, Edna 76630 7.30pm.

Tuesday 19th: U3A Music appreciation 2pm.

Wednesday 20th: Flower club 2pm.

Wednesday 20th: Parish council.

Wednesday 16th: Meeting Fibrus 6pm. 6.45pm.

Saturday 19th: Social dance 7.30pm. Edna 76630.

Tuesday 22nd: Music Appreciation 2-4pm.

Wednesday 23rd: Parish council 6.45pm.

Tuesday 26th: U3A Folk dance 2pm.

Wednesday 27th: Christmas wreath workshop 7pm.

Friday 29th: Seniors club 11am.

Saturday 30th: Private Function 7pm.

The ducks have won the pumpkin competition for Halloween for the ugliest pumpkin, I will ignore it being called Chris in a strop! Chris.

Ireby

Parish Church of St, James, Ireby

THANK YOU

* For all the help we received to decorate the church for the Harvest Festival

*To all of you who generously responded to our request for donations towards the Bishop's Harvest appeal

*To Willie Gill for the donation from Hound Trailing

All the help we receive is much appreciated.

Coffee and Chat will be on Thursday 21st November at 10.30am at Crosby House, Ireby

IREBY CHRISTMAS FAIR
& LIGHT SWITCH ON
SATURDAY 30th NOVEMBER

WE WILL BE HOLDING THE
CHRISTMAS FAIR
IN THE GLOBE HALL FROM 4-6pm
BEFORE THE LIGHT SWITCH ON.

SANTA'S GROTTTO
RAFFLE
MULLED WINE& MINCE PIES

£3 ADULTS UNDER 16'S FREE

Northern Fells Groups & Dementia Action Alliance are holding **Dementia Awareness Sessions** across the Parishes. These are open to anyone seeking to gain more understanding of the condition and how it affects those living with dementia, their loved ones and carers. The sessions will be informal with plenty of interaction and opportunity for discussion.

Ireby Globe Hall November 12th 7pm

Please contact **Jackie Clayton** 07376 225134 for more information.

IREBY FILM NIGHT

at the Globe Hall in association with CINE NORTH



ONE LIFE

Friday 8 November 2024 7:30pm - Doors open 7:15pm

Tickets £5 (cash on door)

Bookings: 07885802204 or just turn up on the day!



IREBY FILM NIGHT

at the Globe Hall in association with CINE NORTH



Friday 6 December 2024 6:00pm - Doors open 5:45pm

Tickets £5 (cash on door)

Bookings: 07885802204 or just turn up on the day!



Isel

The **Annual Memorial Service** at St. Michael and All Angels Church, Isel, will be held on **Sunday 3rd. November at 9.30.**

This service is especially for those who have been recently bereaved and for anybody else to remember loved ones who are no longer with us. We have chosen this particular Sunday because it falls between All Souls Day and Remembrance Sunday.

Remembrance Sunday—10th November

There will be a short Act of Remembrance at the war memorial in Isel Churchyard at 10.50 am. on Sunday 10th November.

Coffee will be at the Great Escape Café, Moota on Monday 11th November at 10.30 am.

Blindcrake Parish Charity

This Charity scheme established in 1981 is the Successor to Isel School Charity; its object is to: Apply its " income for such charitable purposes for the general benefit of the inhabitants of the Parish of Blindcrake as the Trustees think fit."

The Trustees would welcome suggestions from the inhabitants as to any schemes or proposals which might benefit from grants the Trustees have power to make. Such suggestions would need to be both charitable and for general benefit.

Please respond by 8th November 2024 to the Clerk, David Roberts, The Old Almshouses, Isel, CA13 0QG.

Tel: 01900 823547

roben.cor@btinternet.com

There will be an interesting talk/ slide show given by Dr. Keith Snell in Blindcrake Village Hall on Friday 15th November at 7.00pm. The subject will be 'New Mexico; Land of Enchantment'. Keith visited New Mexico earlier this year.

Entry cost will be £5.00 to payable on the door. There will be wine and non alcoholic refreshments for sale from the bar during the evening. Please keep that date free in your diary.

Blindcrake Village Hall

Regular sessions

Wednesdays: 6.30 - 7.30pm Pilates with Angela mipilates.co.uk

Thursdays 4pm and 5pm Dog handling classes with Nicole, booking essential post@lamplighterdogschoo.com

Saturdays 10am 9th, 23rd and 30th November; 14th and 28th December Cumbria Bible Study Group

Events

Fri 15 November 7pm: Talk and slideshow on New Mexico with Dr Keith Snell + Refreshments

Mon 18 November 7.30pm: Parish Council

Sat 23 November 7pm: Rotary Club Quiz with bar. Contact Michele michele.taymount44@gmail.com

Sat 7 December daytime: Christmas market with Cumbria Overseas Aid Trust - festive stalls and refreshments. More info to follow

Sat 14 December 8pm: Evening Inn village pub night and quiz

Mon 23 December 6pm: Parish Christmas prize draw with mulled wine and mince pies

To hire Blindcrake Village Hall go to our website blindcrakevillagehall.org.uk and use the booking enquiry form; alternatively email Neil Pilling at pilling.neil@yahoo.com *Hiring charges:* £8 per hour for meetings, classes, etc, and £12 per hour for parties and functions.

Why not look for up-to-date information on our parish's facebook page <https://www.facebook.com/groups/166193357452161>

Plumbland

St Cuthberts

Greetings to all our friends and neighbours, trust you are all well and looking forward to the 'Festive' season. It is felt that we have had what we could term as a Community month during this last period. To start we had a lovely 'Team' service at the end of September, with over 40 people taking of the bread and wine and following the service staying to enjoy refreshments. Then there was the Saturday social get-together with many friends and supporters enjoying the chance to sit and gossip, share news while enjoying freshly made drinks and local produce, as well as taking advantage of the various stalls.

Then we have had our Annual School 'Harvest' service, with over 60 adult family and relatives supporting the full school turn-out. All the pupils joined in the service led by our new Curate, Rev Charlie Day, then enjoyed refreshments served by the children themselves.

We cannot finish there, as we wish to express our thanks and gratitude to all who have responded positively to the appeal for donations towards the Church's upkeep, a magnificent response, for which we are very grateful, thank you. With that kind of support, and the community response, we are confident that St Cuthbert's can remain a focal point of village life and community.

With love and best wishes to all our friends and families, Hope to see you soon,
The Church wardens and council of YOUR CHURCH.

Plumbland Village Hall

Plumbland bowls. It's that time of year again, our first bowling meeting started on the 23rd of September running until March. Our meetings are on a Monday and Tuesday afternoon 1-30 until 3-30. Membership £10 then £2-50 per session, tea/coffee and a friendly chat is included. Come and give it a go all you need are flat shoes/slippers. Don't worry if you don't have any bowls there are some spare ones for anyone needing them, hope to see you there

Yoga Mondays 6pm—7.15pm: Fours weeks £28 FOR INFO/FEES CONTACT REBECCA:
Call/Text: 07735 439126 Email: theyincrowd@me.com



Plumbland PreSchool Playgroup

Term time Friday from 9am - 11am Plumbland Village Hall. Restarts Friday 6th September.

Everyone is welcome when accompanied by a child aged birth to four. We operate in term time only from 9am to 11am. Attendees include parents, grandparents, carers, childminders. For any further information please contact **Gillian Winder 07789542736**

Setmurthy

St Barnabas Church

Cleaning & Flowers Mrs N Laws & Mrs B Petecka

Services

Please check the Binsey Link, Church Notice Board or website for details of services

The Remembrance service is a joint service at Embleton

Wreath Making

Friday 6th December, cost £25

10.00am to 12.30 Morning session followed by soup lunch

Make a Christmas Wreath with everything provided

1.00pm to 3.30pm session followed by afternoon tea.

Book early to avoid disappointment by tel Elizabeth on 01900 823329

All proceeds to Church funds

Setmurthy

Parish Hall

The Parish Hall is available for bookings, please contact Mrs Nicola Laws tel 017687 76483

Autumn F.E. classes

November

5th Pressed Flowers with Jocelyn West, 12th Pressed Flowers, 19th Flower Arranging & 26th Preparing for Christmas with Margaret Hall

All at 1-00pm in Setmurthy Parish Hall. All welcome, there will be a charge of £1.00 per class to cover tea & biscuits further details from Elizabeth tel 01900 823329

The Setmurthy Parish Hall's annual AGM is on the 18th November, 2024 at 6pm. Please feel free to come along and support your local parish hall. The full committee will be there :

Chairperson : Maureen Deary , Treasurer : Mac Walker, Secretary : Sarah Baerschmidt

Trustees : Nicola Laws, Elizabeth Mars, Brian Mars & Brian Eaton

Committee : Sarah Holmes

Torpenhow including Bothel & Blennerhasset

SOUPER DAY!

Saturday 16th November
TORPENHOW VILLAGE HALL
12 Noon - 1.30pm

Homemade Soups
Tea/Coffee & Cakes

£5.00 Children £2.00
Under 5 -Free

Games by Torpenhow Brownies

A WARM WELCOME TO ALL

In aid of St Michael's Church,
Torpenhow

Donations of Cakes will be most welcome



Torpenhow
CHRISTMAS
MARKET

FREE ADMISSION
COFFEE & CAKE

LOCAL CRAFTS
& PRODUCE

16 STALLHOLDERS

SATURDAY 2ND NOVEMBER
TORPENHOW VILLAGE HALL

10:00 -
12:00

torpenhowvillagehall@gmail.com
torpenhowvillagehall.org.uk

PTD

Tuesday evenings term time

Brownies - **Torpenhow Village Hall** 5.30pm-6.30pm torpenhowbrownies@gmail.com


Brownies
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**TORPENHOW
CEILIDH**

SATURDAY 23RD NOVEMBER
7:30PM - 10:30PM
TORPENHOW VILLAGE HALL
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FEATURING THE SOLWAY BAND
No experience required for our riotous family friendly night of ceilidh dancing! Bring plenty of enthusiasm and optional tartan attire. Fully stocked bar and Cumbrian guest ale on tap as usual.

BOOK NOW

TICKETS: £10 per adult / £25 family ticket
torphallbookings@gmail.com
07787 038859

Bothel Village Hall

Macmillan Cancer Support.

A huge thank you to all who supported the Coffee Morning on Friday 27th Sept in the Village hall.

Special thanks to the wonderful team of helpers, those who gave cakes and produce to sell and to all who couldn't make it but sent a donation instead.

£1,315.00 has been sent to Macmillan Cancer Support

TABLE TOP SALE 16TH NOVEMBER 10am

Crafts, Christmas items, second hand goods etc.

Refreshments available

Weekly activities

Mondays 7.30pm Indoor bowling

Tuesdays 5.15 pm Rainbows

Wednesdays 10am Yoga

Wednesdays 6pm Pilates

Wednesdays 7.30pm Fencing

Thursdays 7pm Circuits

Fridays 4.15pm Dance

Bothel Village Hall monthly meetings

Tuesday 5th November W I Festive flowers with Margaret Abbot

Wednesday 13th November Craft Group

Tuesday 19th November Gardening Club Bulbs with Louise Stoddart

Monday 25th November Lunch Club

Tuesday 26th November Wildlife Group

Friday 29th Bingo

100 Club winners 1.J. Ferguson 2. M. Lewis 3. D. Crone

Community Wildlife Group in Bothel, open to everyone. Find us on FaceBook Bothel Community Wildlife Group or for further information contact Aimee email twisp@live.co.uk.

Next meeting Tuesday 26th November 7pm Bothel Village Hall talk on Garden Birds by RSPB Dave, followed by Bothel Big Bird Quiz and AGM . on behalf of Bothel Community Wildlife Group

A big thank you from Bothel Gardening Club to Matthew Smith of Brighter Blooms for presenting our October meeting Potato Salad.

Matthew travelled from Preston to be with us, unfortunately the M6 was closed at the time so he had a very long journey to be with us.

He will be back at Caldbeck Village Hall on Sunday 23rd February 2025, 10am – 2pm for the annual potato day where approximately 90 varieties of potatoes will be available, including first and second earlies, main crop & salad potatoes. Also:

Large range of vegetable seed.

Fruit bushes including: raspberries, black, red and white currants, blueberries and gooseberries.

Rhubarb and strawberry plants.

Torpenhow including Bothel & Blennerhasset

Blennerhasset & Baggrow Village Hall

If you're looking to get fitter, we have 4 classes running each week. A mix of ages, fitness levels and coordination. We have something for everyone.

Weekly Exercise Classes

Wednesday 2.00pm	Chair Yoga	Cherry
Wednesday 6.00pm	Fitness Pilates	Max Filby
Thursday 6pm	Yoga	Shirley
Thursday 7.15pm	Dancefit	Shirley

Shirley - 07775 528786 Cherry - turn up
Max – maxfilbycoaching@gmail.com

NEW CLASS – Fitness Pilates Class, every Wednesday 6-6.45PM, suitable for all levels of experience. £6 admission, please bring your own mat. To book a place contact Max Filby on maxfilbycoaching@gmail.com

Monthly Coffee Mornings

1st Wednesday of every month. We also hold a raffle at our coffee mornings. 10:30 – 12PM

Monthly Table Tennis / Games Night

Come and join us on Friday 29th November for our table tennis and games night including dominos, table tennis, soft darts, cards and more. We also have a licensed bar and tuck shop. 7-9pm Adults Only

Youth Club

We are excited to introduce our youth club, our first one will be on Friday 15th November, we will have board games, puzzles, ping pong, jenga and more. Tuck shop and refreshments available. 6-8pm under 10s must be supervised by an adult.

Monthly Bingo Night

Every second Tuesday of the month. Doors open 7pm eyes down 7.30pm.

Full bar and snacks available, over 8s only. Children must be accompanied by an adult.

Turn up & bring your dabber.

Bonfire Night

Tuesday 5th November at 5.30pm

Blennerhasset's Village Bonfire will take place on [Tuesday 5th November](#), the bonfire and fireworks will be held behind the bus stop at the side of the river. There will be hot and cold drinks, soup and refreshments by the side of the river, including Shake Waffle and Roll, from 5.30pm onwards, Bonfire will be lit at 6.30pm, fireworks at 7pm.

'Through the Decades' Live Music Night

Saturday 9th November 7pm – Midnight

Please join us for our Through the Decades Live Music Night, featuring songs from the 60s, 70s, 80s and 90s by the fabulous Take Two Duo from Sing Stars Entertainment! Tickets £8 please contact Emma on 07746513793 or email help@bbvh.uk

Christmas Light Switch On

Sunday 1st December 5pm on the Village Green, 6pm Santas Grotto in the Village Hall

We are holding our annual light switch on event, we have a 'Carols on the Green' service at 5pm, then on into the Village Hall at 6pm for Santas Grotto and festive refreshments, full licensed bar and festive baguettes will be available. Tickets for the grotto will need to be booked in advance, please contact Rachael on 07747611185.

Hire Our Hall

If you would like to hire the village hall for meetings, conferences, exhibitions, indoor sports or all kinds of social events inc birthday parties & christenings please contact us at help@bbvh.uk or call Emma on 07746513793. We have a fully licenced bar available which can be staffed on request.

Contact Us

All of our events are listed at www.bbvh.uk (Blennerhasset & Baggrow Village Hall BBVH)

Follow us on our Facebook page: Village Hall, Blennerhasset & Baggrow

To book the hall email help@bbvh.uk or send us a Fb message.

Uldale

Uldale Parish Church

We would like to host a coffee morning and a 'Make the Advent Wreath' session on Saturday, 30th November from 10 - 12 in Uldale Parish Church.

Refreshments available.

Do come along and help us make our Advent Wreath and also make a smaller version for yourselves to take home.

Very much looking forward to seeing you there.

For further information, please contact Ruth Pearce on 016973 71566.



Uldale Church Drop-in Craft Sessions

We are starting up craft sessions in our newly restored church on Tuesday 12th November and Saturday 16th November both between 10am -12.30

We would love it if you would come along and join us. Bring along a piece of work : it could be knitting , sewing (hand or machine) crocheting or any other form of craft. Our main aim is to meet and spend time together in our church.

Please bring along any ideas for group crafts or projects. We are open to all suggestions.

Any queries please contact Ruth Pearce on 07527136030.

Wythop

Thank you to everyone who decorated the Church and gave donations for our Harvest Festival and Gift Day.

This year's Remembrance Sunday Service is at St. Cuthbert's, Embleton.

Please be aware that on Remembrance Sunday there will be a Sale Fell Race in the morning, which means that the road from The Pheasant and along past the Church will probably be a mass of parked cars making access to St. Margaret's very difficult for anyone wishing to take flowers or lay wreaths in the Churchyard. T

The situation should ease as the afternoon progresses.

New Binsey Link Editor needed

We are currently looking for a new Editor for the Binsey Link Magazine.

This is paid role and the time the hours can be worked are flexible at around 8 -10 hours each month the issue is in print.

The work must be completed to deadlines for the printer, and is completed over a five day period monthly around 15th -20th each month.

The magazine is published 10 times a year and goes out to every home in the Binsey Parish.

The Editor has responsibility for collating and editing all the contributions received from the churches, schools, and other organisations in the Binsey Parish. They also liaise with the Team Rector, Revd Stephen Banks, before the magazine is sent for printing.

For more information please contact Revd Stephen Banks



Parish Council

Bothel and Threapland

Summary of the Meeting of the Parish Council held on Tuesday 10 September 2024 at Bothel Village Hall. Present: C. Macaulay, P. Musk (Chair), M. Story, J. Taylor, R. Watson and R. Wren. Also present: J. Perry Cumberland Councillor and three parish members. Matters discussed included: A resident had raised an issue with a dog barking. The Chair reported that he had contacted Cumberland Council and their advice was that the resident should report any issues direct to them. Anyone submitting a complaint to Cumberland Council will remain anonymous. The Chair of the Community Fund Committee reported that two applications had been considered by the Committee. Annual Bonfire – The Committee recommended to award a grant of £700. Bothel & Kirkland WI – The Committee recommended a grant of £450 towards the production costs of the Bothel Busy Buddy. The Chair reported that Cumberland Council had advised that the speed counters will be installed in three locations on the 18 September and will be in place for 7 days. These will provide the data for volumes and speed of traffic on the A595 through Bothel. It was agreed that a sub committee would be set up to oversee the A595 issues, data assessment from the speed counters and review of past data, as well as planning for further engagement with Cumberland Council. The sub committee will be chaired by one of the current Parish Council councillors.

Date of Next Meeting – Tuesday 12th November, 2024 - Bothel Village Hall - 7.30pm

Janice Rae, Parish Clerk, 23 Chapel Meadows, Bothel, CA7 2AB. Tel: 07547 368 323

Email: clerk@bothelandthreaplandpc.org.uk
www.bothelandthreaplandpc.org.uk

Ireby and Uldale

Summary of the Meeting of the Parish Council held on 3rd September, 2024 in the WI Hall, Ireby. Present: Cllrs K. Bridges (Chair), R. Cockburn, W. Hall, G. Moore and P. Normington. Also Present: J. Perry, Cumberland Councillor and one parish member. Matters discussed included:

Planning -

LDNPA - 7/2024/2139 - The Coach House, Uldale - Erection of two storey timber porch.

Cumberland Council - HOU/2024/0109 - Lilac Cottage, Ireby - Change existing rear flat roof to pitched, change existing rear window configuration and move rear door.

Decisions: LDNPA - 7/2024/2101- Grange Estate, Ireby - Proposal: 1no new 25 metres high lattice tower mounted on new concrete foundation within a compound measuring 11m x 8m, which will accommodate: 3no VF antennas, 3no Three antennas, 2no dishes (each measuring 600mm diameter), 18no RRUs, 1no GPS Node and associate works – GRANTED. 7/2024/2139 - The Coach House, Uldale - Erection of two storey timber porch – REFUSED.

Parish Plan – The Plan is still at an exploratory stage to see what is required.

Public Participation - Correspondence was received at the July meeting asking if the Parish Council can do anything to encourage residents to bring their refuse and recycling bins in off the street/pavement following collection as some bins are left out for several days causing an obstruction.

Vacancies – Anyone who has an interest in the community and would like to be co-opted onto the parish council please contact the Parish Clerk for further information.

Date of next meeting: Bi-monthly meeting 5th November, 2024 - WI Hall Ireby – 7.30pm

Clerk: Janice Rae, 23 Chapel Meadows, Bothel, CA7 2AB
Telephone: [07547 368 323](tel:07547368323) Email: info@ireby-uldalepc.org.uk

Website: www.ireby-uldalepc.org.uk

Embleton and District -Serving the Parishes of Embleton, Setmurthy and Wythop

SPEED LIMITS IN THE PARISH

There are currently no proposals to introduce new 20mph limits in Cumberland. All proposals under consideration are for 30mph or greater. The next review is due in 2026/27. Cumberland Council has recently approved a policy for the assessment and introduction of 20mph limits, however it is not likely that Embleton would be a location where a 20mph limit would be suitable but a speed limit change for reduction to 30mph has been added to the Autumn 2026 speed limit review list.

National Highways are planning to install speed enforcement cameras on the A66 between Cockermouth and Dubwath, dates for this are not known but further information will be shared as and when it is known. Concerns were noted about the implications of this on traffic using the C2064 (if people are trying to avoid the speed cameras when they installed). It was noted that this was to be monitored, and action taken if required.

PARISH MAINTENANCE

The two defective street lights at St Cuthberts Church, Embleton have now been repaired and should now be working.

LAKES TO SEA COMMUNITY PANEL

The next Lakes to Sea Community Panel meeting will be December 12th venue to be confirmed. The deadline for applications for funding will be mid - November. Contact susan.o'neill@cumberland.gov.uk who can also advise on filling in the application form or other sources of funding.

MINUTES - Copies of the minutes of the parish council meetings can be found on the council's website www.embletonwordpress.com

VACANCIES – Be part of the community and help to look after it - There are vacancies on the Parish Council. If you are interested in joining us contact any Parish Councillor or our clerk, Becx Carter.

DATE OF NEXT MEETING – the next meeting of the Parish Council will be WEDNESDAY, 20th November 2024 at 7pm in Embleton Village Hall. All are welcome to attend.

If you have a matter that you would like to raise, please contact our clerk, Becx Carter on 077866 78283 or e-mail her at embletonparishclerk@hotmail.com

Bothel

It has been another great half term here at St Michael's with lots going on as always! Last week, we held our annual Harvest Festival celebration at Allhallows Church in Mealsgate and it was lovely to see so many of our families joining us for the celebration. The children sang and had learnt musical accompaniments to their performances in their music lessons and we all enjoyed singing together as always!

There have been trips and visits too with sporting competitions and a visit to see a live Science show for KS2, as well as live, interactive online science lessons for all classes. We have all been on a whole school visit to a local organic farm and fruit orchard this week to learn about fruit production and to sample the produce and had a brilliant time all wrapped up in our school waterproofs despite the rainy weather! In class, KS2 have been learning more about where their food comes from and have been producing a three course meal in their "Come Dine with Me" food technology project and it has all been extremely delicious!

Even though we have only just begun this academic year, we are already looking ahead to next year and are offering tours of school to anyone interested in a place for their child in next year's Reception Class. If you have a child who is due to start Reception in September 2025, we would love to show you round our lovely, friendly, spacious and well-resourced school. Just get in touch on admin@bothel.cumbria.sch.uk or on 016973 20632 if you are looking for a school place now or in the future. We would love to meet you and everyone is always welcome!

School News

Ireby

As half term draws to an end and the days are getting shorter and the weather is turning colder, the warm autumnal colours around Ireby have helped ease us into November - along with rehearsals for our joyful Harvest festival. Our Harvest service was held in St.James' Church in October with the whole school taking part. The children presented readings, poems and songs to their families and the singing was beautiful and a special mention must go to the newly formed Ireby school choir who performed on their own at the end for the first time. Thank you to our Curate, Revd Charlie Day for joining us and ending our service in a prayer. Following this service, the PTA provided coffee and cake in the Globe Hall. With a little raffle as well this raised a very impressive £140! A fantastic amount – thank you everyone involved.

The KS2 have been learning about photography this term which has taken them out and about, around local areas near school as well as further afield to the shores of Buttermere. They started by learning how to use cameras and take artistic shots to very quickly progressing to studying exposure times and camera stability. At Buttermere we focused on the rule of thirds, using macro to photograph detail and were lucky to have the opportunity to photograph some animals at Cragg House Farm. Thank you to Rachel for showing us around the farm and welcoming us. The results are some truly fantastic photographs. Our school website is currently undergoing some tweaks and developments and these new skills in photography will be very welcome and available for you to admire very soon. Our younger pupils are incredibly excited about an upcoming trip they will be going on to see a real life rescue helicopter. An amazing opportunity to see first hand how incredible and important these lifesaving helicopters are to our region. Back in the classroom, the Year 3 and 4 pupils have been using the school's newly acquired virtual headsets to help them learn all about our skeleton and bones in our body. They were able to observe a model skeleton, measure bones and explored and answered questions in a virtual world – amazing technology in the classroom! And for contrast, as part of our music curriculum this term, the KS2 are learning to play the ukulele. We have acquired an instrument for every child to learn on and we thank Mick Moore for giving up some of his time to teach us all how to play. Hopefully there will be some ukulele tunes featuring in our end of term Xmas celebrations??

Finally, the pupils will be saying goodbye to Alison, one of our wonderful cooks, at the end of October and we all hope her retirement is full of fun and wish her all the best. Thank you so much Alison - you will be missed. We have, however, been very fortunate in our quest to fill this role and are thrilled to welcome Cherie to our school team

after half term as our new cook. Being able to prepare and serve fresh, home cooked hot meals daily in our own kitchen is very important to Ireby School and lunch times really are a special time of the day for us all to eat together across the year groups.

Plumbland

Our new Reception children have settled in very well being guided and supported by our older pupils.

Our Junior pupils have already enjoyed a trip to the Lakes College, Lilyhall for the React Foundation Annual Science & Engineering Show 2024 with Simon Watt of Science Made Simple. The year's show was about space.

We held our annual Harvest Festival at church this week and it was lovely to be joined by our families and members of our community. The theme was harvest around the world and we learnt how Harvest was celebrated in the USA, Thailand, China, Israel, Indonesia as well as the traditions in the UK. We raised £100.95 for the North Lakes Foodbank.

Year 5 and 6 have begun their forest school sessions and are working towards the skills identified on their forest school passports. So far, they have used forest school tools to make a tent peg, they have sawed wood into discs to decorate, they have lit their own fires, cooked on the camp fire, built shelters and made paracord survival bracelets.

At Plumbland CE School we are now offering wraparound care at our school with breakfast provision beginning at 7.45 am and after school until 6pm.

School Governors

Two of our schools currently have vacancies for school Governors.

If you would be interested in serving your local school in this important role, then please get in touch with Revd Stephen Banks. (016973 71541)

Bassenthwaite WI

At our September meeting members enjoyed an interesting and informative talk by Hayley Slack from 'Renewi'. Renewi is a leading waste to product company that gives new life to used materials and is contracted to Cumberland Council to deal with all our general household waste. When we have recycled what we can in the way of glass bottles, newspaper, card and some plastics then Renewi deal with the rest. Most of us had not appreciated that there is now no landfill in Cumbria. General household waste is now dealt with in two large processing plants, one in the north of the county and one in the south. The rubbish is sorted by machines which separate out the waste - for example separating ferrous metals from other metals, sorting glass and separating different plastics. Whereas the rubbish sorted from general household waste cannot be recycled to its original purpose, for example metal waste back to food cans or plastic waste back to bottles, it can be turned into useful products. Some waste can be turned into high energy fuel for industrial use. Plastics for example can be processed and turned into environmentally friendly seats and board walks. Organic waste can be processed into a range of environmentally friendly fuels, fertilizers and even bio-plastics. Disposing of batteries in household waste can be hazardous. When damaged during transportation or treatment, batteries can ignite causing fires and posing significant safety risks. Hayley has recently won an award for her work on an initiative to encourage correct disposal of batteries. Hayley calculated that the number of batteries not being recycled in Cumbria annually is equal to the weight of 3,650 Herdwick Sheep. Called the Baa-ttery Campaign it is at present aimed at primary school children and encourages them to bring used batteries to school for responsible recycling. Disposable vapes also contain batteries and they are best disposed of in special receptacles that should be legally provided in any shop that sells vapes. The winner of the competition for a recycled item was Grace with handwarmers crafted from the sleeves of an old jumper. The quiz 'places in the Lake District' was won by the team of Isobel, Mary, Ros and Kate. Our November meeting is Members' Night and our Catered Supper. The competition will be an old family photo and our hostesses Irene Harrington and Helen Hunt.

Bothel & Kirkland

For our October meeting we welcomed Caroline McKenzie who spoke about aprons. She said that when she was a child she loved playing with her Grandmother's button box. Since then she has been fascinated by "the nitty gritty of domestic life". She showed us a large number of aprons, the lady of the house would wear a coloured one and domestic staff wore white. Girls at school wore them too. They served the purpose of protecting better clothes. Through the decades different materials were used, many embroidered and decorated. For dirtier jobs around the house, an apron made of hessian was worn, "a course brat"..Some were made with extra long ties and a small child would be fastened to each end. Hence the saying "Tied to mothers apron strings". She was thanked for her fascinating talk.

Four members attended the 100 Birthday of Ireby W.I. where we were entertained by Dean Handbell Ringers and had a lovely supper.

Uldale and Ireby

Our main event this year was held in October at The Globe Hall in Ireby – celebrating 100 years of the WI in the village. We were joined by guests from Embleton, Bassenthwaite and Bothel and Kirkland WIs plus the Chair and Vice Chair of the Cumbria and Cumberland Federation of WIs. Our President Jane Christian gave a talk about the history of the WI in the village before introducing Dean Handbell Ringers who impressed us with their dexterity and tunefulness! Thanks to everyone in the village who leant their twinkly lights or bunting which was used to decorate the hall – it looked fabulous. We had platters of finger food – lots of dips, nibbles, cake and of course tea! Lots of tea. Long service awards were presented by the CCFWI Chair, Kathleen Bowron. We are very proud of our members who have continuously given their time to support the WI movement over the years. Sarah Ashburner is our oldest and longest serving member achieving 70 plus years, Gladys Strickland has 60 plus years of service, Doreen Gleed, Angela Marrs and Marion Pattinson have over 40, Elizabeth Gill and Velma Bottomley have over 30 years service. Congratulations and thank you all.

Elizabeth Gill and Debra Binns won our annual points competition and will share our shiny Rose Bowl for the next 12 months. Jennie Bateson came second and Janice Havelock was in third place.

Back in September – we welcomed Carol Hine who talked us through the process of felting and we all attempted to make a brooch! It was surprisingly therapeutic for some of us. Debra Binns was our hostess – helped by Susan Little and Angela Marrs.

We meet on the first Thursday of the month in the WI Hall in Ireby. Please get in touch with our Secretary on UldaleandIrebyWI@gmail.com if you would like to come along. We welcome new members.

General News

Caldbeck Surgery

Repeat Prescriptions can be ordered on our dedicated phone line 24 hours a day/7 days a week 016974 78296
IMPORTANT NOTE: Please leave a minimum of 2 working days following your request to collect your prescription from the surgery. This also applies to any home deliveries. We have a **Protected Learning Time** when we close at 1 pm on Thursday 10th October and Thursday 13th November.

Cockermouth u3a: The u3a movement caters for those people who are no longer in full time employment but who wish to pursue their hobbies and interests or learn something new with like minded people in a friendly environment. Check out our website for more information. [Www.cockermouthu3a.org.uk](http://www.cockermouthu3a.org.uk)

Skiddaw U3A Skiddaw u3a's Monthly Meetings, which always take place on the third Wednesday of each month, are often being held in the Crosthwaite Parish Room in Keswick, although other venues may also be used. Doors open at 10am for refreshments and socialising, with the actual talk starting at 10.30am. The entry fee is £1.00 for u3a members and £1.50 for visitors.

October meeting is the Skiddaw Annual U3a Open Morning 10am—12

SHOULD YOU APPLY FOR PENSION CREDIT?

Find out more from: AGE UK CARLISLE 01228 536673 admin@ageukcarlisleandeden.org.uk
OR CITIZENS ADVICE CARLISLE AND EDEN 0808 2787844, advicehub@ca-ce.org.uk

Cockermouth Harmonic Singers

Stir Up Advent Sunday, 1 December 2024

Christmas will be upon us before we know it and to start your celebrations, Cockermouth Harmonic Singers are inviting you to come to Stir Up Advent. At 3pm on 1 December you can come to United Reformed Church in Cockermouth hear Advent carols and readings, followed by some festive treats. Ian Wright will lead the music, accompanied by well-known local musician, Fiona Weakley.

Suitable for all the family, tickets will cost £10, with accompanied u16s free. Tickets are available from Billy Bowman's music shop in Cockermouth, 01900 826708, or from choir members.

Binsey Team Choir

Christmas is getting close and we're looking for people who love to sing to come and be a part of a new Binsey Team Choir. We're hoping to get singers from all across the area the Binsey Team covers to come and sing for one or two events on or around the weekend of 21st/22nd December (TBC). We'll be singing well known carols and learning some new pieces too! You don't have to go to church, you don't need any experience, there is nobody too old or young! If you would like to be a part of this group please email Charlie (curate@binsey.org.uk) or phone him on 01697 744589 and he will let you know more info on meeting times and concert dates.

We're looking forward to singing together!

Charlie on behalf of the "Binsey Team Choir"





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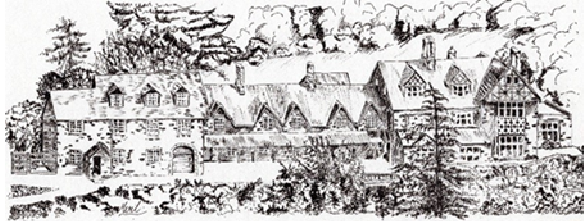
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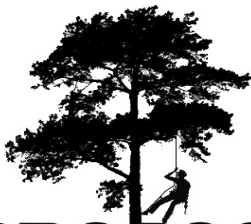


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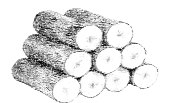
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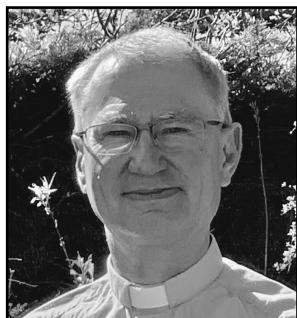
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